

# Springboard

Springdale Heights Public School | 25 Cardo Drive Lavington NSW 2641 | p: 0260 256 433 f: 0260 402 328 | e: springdale-p.school@det.nsw.edu.au | w: www.springdale-p.schools.nsw.edu.au  
Principal: Miss Sue Farmer

Term 1 - Week 4

Thursday 21 February 2019



## Swimming Carnival

### SCHOOL SWIMMING CARNIVAL

Last Friday the whole school was involved in the School Swimming Carnival at the Lavington Swim Centre. We had some very enthusiastic swimmers who swam their best on the day, cheered on by team mates, family and friends. Thankyou to the families who came along and supported the children. House Scores were: Redbacks 88, Yellowbellies 87, Bluetongues 61.

Age	Champion
Junior Boy	Jack T
Junior Girl	Rachel W
11 Year Boy	Erich H
11 Year Girl	Rhemi T
12-13 Year Boy	Zack S
12-13 Year Girl	Wendy H



## Zone Carnival

### ALBURY ZONE SCHOOL SWIMMING CARNIVAL

Congratulations to the following students who have participated in the Zone Swimming Carnival today: Erich H, Wendy H, , Zack S, , Maddex T, Rhemi T, Tylah T-Mc, Connor W, Charli C and Rachel W.  
(missing from photo Jack T and Sandy M)



## Going Paperless

### OUR NEWSLETTER IS GOING PAPERLESS!!!

Today will be our last 'PRINTED' newsletter being sent home to parents and carers. A number of schools have been paperless for some time so we are following the trend! As always our newsletter can be accessed through the Skoolbag app and the school website (just Google our school name).

For those who do not have access to the internet, you can request a copy to be sent home with your child or just grab a copy from the front office.

We will continue to print and send permission notes home for events for this year..... but eventually in the future..... Everything will probably be electronic!!!!

# Staff Professional Learning

Our staff at Springdale Heights Public School regularly participate in Professional Learning to improve teaching practices and enhance learning opportunities for our students.

Thus far all staff have participated in the following:

- Code of Conduct training
- Child Protection online training
- "What Works Best" in Teaching. (Whole staff collaboration)

Our Kindergarten teachers have completed online Best Start training and are further building their skills in assessment of our Kindergarten students.

Mrs Purss– Semple and Mrs McAlister will be attending the Assistant Principal Network Professional Learning to lead Literacy and Numeracy curriculum development throughout the school.

There will be times that class teachers will need to be away from their classes to attend these professional opportunities. These professional learning opportunities are vital to improving our school and to maintain high standards of education for everyone at Springdale Heights Public School.



Due to the heavy financial demand on families at the start of the school year , we will be starting our Book Club orders from Issue 2 later this term.

# PBL Levels

## BRONZE LEVEL CERTIFICATE - 5

- Students require a combination of 5 of any of the following awards to receive their BRONZE certificate (class merits, Super Star merit cards, Citizenship, sports awards)
- Students hand their awards to the class teacher then they are forwarded to the Principal.
- The Principal is responsible for handing out BRONZE certificates at fortnightly assemblies.
- Students receiving their BRONZE certificate will be acknowledged in the fortnightly newsletter.

Printed on Bronze paper



## SILVER LEVEL CERTIFICATE - 15

- Students require a combination of 15 of any of the following awards to receive their SILVER certificate (class merits, Super Star merit cards, Citizenship, sports awards)
- Students hand their awards to the class teacher then they are forwarded to the Principal.
- The Principal is responsible for handing out SILVER certificates at fortnightly assemblies.
- Students receiving their SILVER certificate will be acknowledged in the fortnightly newsletter and will receive a keepsake pencil.

Printed on Silver paper



## GOLD LEVEL CERTIFICATE - 25

- Students require a combination of 25 of any of the following awards to receive their GOLD certificate—(class merits, Super Star merit cards, Citizenship, sports awards)
- Students hand their awards to the class teacher then they are forwarded to the Principal.
- The Principal is responsible for handing out GOLD certificates at fortnightly assemblies.
- Students receiving their GOLD certificate will be acknowledged in the fortnightly newsletter and will be invited with their parents/caregivers to attend a morning tea with the Principal.

Printed on Gold paper



## PLATINUM LEVEL CERTIFICATE - 30

- Students require a combination of 30 of any of the following awards to receive their PLATINUM certificate—(class merits, Super Star merit cards, Citizenship, sports awards)
- Students hand their awards to the class teacher then they are forwarded to the Principal.
- The Principal is responsible for handing out PLATINUM certificates at fortnightly assemblies.
- Students receiving their PLATINUM certificate will be acknowledged in the fortnightly newsletter and will be given FREE entry to the Pool Party at the end of the year.

Printed on Platinum paper





## Class & PBL Value Awards

Awards held over from Week Two were presented at today's assembly.

### Class Awards

#### K-1 Blue

Lidia E  
Dominic B  
Jet V  
Nash F  
Chloe P  
Blake B  
Olivia W

#### K-1 Red

Jefferson C  
Skylee K  
Hunter C  
Lola M  
Theodore M  
Max W  
Hudson K  
Marlen P

#### 1-2

Chelsea B  
Owen C-L  
Shelby W  
Bryson T  
Shyndi K  
Lucas R  
Koa P  
Seth P  
Poppy L  
Mathew H-S

#### 3-4 Blue

Michael F  
Luca M-W  
Tulinabo M  
Alyssa C  
Allysann M  
Jazzamae B  
Ben G  
Didier I

#### 3-4 Red

Mikayla W  
Sebastian G  
Ruby W  
Isabell T  
Jack T  
Sienna C  
Ella K  
Tyson C

#### 5-6 Blue

Brodie T  
Violet H  
Max T  
Jasmine G  
Talyn C  
Tye C  
Isabelle W  
Ziggy H  
Charlotte M

#### 5-6 Red

Koby T  
Savina C  
Ethan T  
Rhemi T  
Charlie G  
Marlee G-W  
Mathew L  
Sandy M  
Luke W  
Sienna H-S

### PBL Value Awards

#### 1-2

Giselle S  
Poppy L



### Library Awards

#### K-1 Blue

Jonty L  
Olivia W  
Max B  
Yvonne B

#### K-1 Red

Teegan H  
Hunter C  
Ella B  
Elijah T-J

#### 1-2

Shelby W  
Angus B  
Tahnies B  
Koa P

#### 3-4 Blue

Allysann M  
Pixie H  
Didier I  
Jem L

#### 3-4 Red

Ruby W  
Tyson C  
Annabel S  
Ollie B

#### 5-6 Blue

Erich H  
Rhys S  
Lizzy Mc-C  
Talyn C

#### 5-6 Red

Savina C.  
Tylah T-M  
Addyson E  
Sam B

### Sports Awards

#### K-1 Blue

Dominic B  
Chloe P  
Ayat J  
Brodie R

#### K-1 Red

Elijah T-J  
Dakoda W  
Ella B  
Ollie McM

#### 1-2

Owen C-L  
Mathew H-S  
Shelby W  
Charles M

#### 3-4 Blue

Zeek B  
Rachel W

#### 3-4 Red

Jason S  
Damian C

#### 5-6 Blue

Erich H  
Wendy H  
Riziki H  
Mpano B

#### 5-6 Red

Joel F  
Koby T  
Ben W  
Rhemi T

## PSSA Boys Cricket Representatives



Last week three of our students participated in the PSSA Boys Cricket Trials at Jelbart Park in Albury.

There was a strong field of competitors at this event and Eli P, Ethan T and Blair P played their best. Congratulations boys on representing our school showing great sportsmanship. **WELL DONE!!**

# Year 6 with their Kinder Buddies



Celeste & Skye

My name is Celeste  
My buddy's name is Skye.  
My buddy likes to play outside  
with her friends and the colour  
red.  
My buddy's favourite thing  
about big school is how friendly  
and nice everyone is here.



Lizzy, Dakoda & Wendy

Our names are Wendy and  
Lizzy.  
Our buddy's name is Dakoda.  
Our buddy likes cake,  
hanging out with her sister Indi  
and music. Our buddy's  
favourite thing about big  
school is making new friends.



BJ & Marlen

My name is BJ.  
My buddy's name is Marlen.  
My buddy likes playing  
soccer.  
My buddy's favourite thing  
about big school is playing  
with friends.



Tye & Nash

My name is Tye  
My buddy's name is Nash.  
My buddy likes electric cars  
and tennis.  
My buddy's favourite thing  
about big school is playing  
with friends and his buddy.



Jet & Brodie

My name is Brodie.  
My buddy's name is Jet.  
My buddy likes going fishing.  
My buddy's favourite thing  
about big school is playing  
memory tag.



Oliver & Addyson

My name is Addyson.  
My buddy's name is Oliver.  
My buddy likes playing soccer,  
playing in the sandpit and with  
his buddy on the playground.  
My buddy's favourite thing  
about big school is playing  
with his buddy and his friends.



Ollie & Charlie

My name is Charlie.  
My buddy's name is Ollie.  
My buddy likes playing with  
bikes and cars and the  
colours red and blue.  
My buddy's favourite thing  
about big school is playing in  
the sand and on the  
playground.



Marlee & Emma

My name is Marlee.  
My buddy's name is Emma.  
My buddy likes ducklings and  
rabbits.  
My buddy's favourite thing  
about big school is playing  
games in the playground and  
playing with her friends.



Charlotte, Violet & Fany

My name is Violet.  
My buddy's name is  
Charlotte.  
My buddy likes going to the  
playground and playing with  
her little brother Archie.  
My buddy's favourite thing  
about big school is playing  
with her friends and reading  
and writing.

## Buddies And Friends

My name is Violet.  
My buddy's name is Fany.  
My buddy likes computer  
games.  
My buddy's favourite thing  
about big school is playing  
games.



Lola & Skylee

My name is Ella *(missing from photo)*.  
My buddy's name is Lola.  
My buddy likes colouring in at  
home.  
My buddy's favourite thing  
about big school is playing  
round.



Tiana & Hayley

My name is Tiana  
My buddy's name is  
Hayley.  
My buddy likes games and  
her friend Max..  
My buddy's favourite thing  
about big school is the  
monkey bars and the  
sandpit.

My name is Ella *(missing from photo)*.  
My buddy's name is Skylee.  
My buddy likes playing on the  
trampoline.  
My buddy's favourite thing  
about big school is playing on  
the playground.



Connor & Benjamin

My name is Connor.  
My buddy's name is Benjamin.  
My buddy likes Ben Ten and the colour blue.  
My buddy's favourite thing about big school is playing with his buddy and going on busses.



Evelyn, Sandy & Ayat

My name is Sandy.  
My buddy's name is Evelyn.  
My buddy likes eating ice cream and playing on the playground.  
My buddy's favourite thing about big school is spelling and making friends.



Dallas, Tamika & Brodie

My name is Tamika.  
My buddy's name is Dallas.  
My buddy likes running around and playing soccer.  
My buddy's favourite thing about big school is playing on the playground.



Freya & Lidia

My name is Freya.  
My buddy's name is Lidia.  
My buddy likes art and her cat.  
My buddy's favourite thing about big school is seeing her buddy and the playground.



Mathew, Hudson & Koby

Our names are Mathew and Koby.  
Our buddy's name is Hudson.  
Our buddy likes running around.  
Our buddy's favourite thing about big school is playing on the playground.

My name is Sandy.  
My buddy's name is Ayat.  
My buddy likes the colour purple and pink and playing on the playground.  
My buddy's favourite thing about big school is making new friends.

My name is Tamika.  
My buddy's name is Brodie.  
My buddy likes playing soccer.  
My buddy's favourite thing about big school is playing on the playground.



Connor & Jefferson

My name is Luke.  
My buddy's name is Jefferson.  
My buddy likes going to the races in March.  
My buddy's favourite thing about big school is being with his friends.



We are very pleased to welcome our youngest students as they start their journey through school life with us.

All Kinder's have settled in well and are very excited about being at BIG school with guidance from their Year 6 buddies.



Mitchell & Will

My name is Will.  
My buddy's name is Mitchell.  
My buddy likes playing on the equipment, pizza and swimming pools.  
My buddy's favourite thing about big school is playing before the bell goes.



Max, Talyn & Dominic

My name is Talyn.  
My buddy's name is Max.  
My buddy likes red cars.  
My buddy's favourite thing about big school is playing on the playground.



Jaylah & Morgan

My name is Jazi.  
My buddy's name is Morgan.  
My buddy likes Peppa Pig.  
My buddy's favourite thing about big school is playing with her buddy.



Zack & Xavier

My name is Zack.  
My buddy's name is Xavier.  
My buddy likes to do homework.  
My buddy's favourite thing about big school is digging deep holes in the sandpit.



Natalya & Daniel

My name is Natalya.  
My buddy's name is Daniel.  
My buddy likes his Dad's cars and the colour red.  
My buddy's favourite thing about big school is playing at the playground and in the sandpit.

My name is Talyn.  
My buddy's name is Dominic.  
My buddy likes the colour blue.  
My buddy's favourite thing about big school is playing with his buddy and playing tag.

My name is Jazi.  
My buddy's name is Jaylah.  
My buddy likes jumping on trampolines and playing with her dog.  
My buddy's favourite thing about big school is dancing in the classroom.



# 2019 Year Six T-Shirts

As per last year, students in Year 6 asked if they could get their shirts in Term 2 instead of Term 3.



Students had the opportunity to try on different size shirts to see which size was the best fit.

Shirts will have the school logo on them as well as the students first name on the front and the class list on the back. Students can wear the shirt for the rest of the year, as part of the official school uniform.

The cost of the shirt is \$30.  
A deposit of \$10 is required per student  
and is due by Thursday 14 March

SHIRTS WILL ONLY BE ORDERED  
IF A DEPOSIT IS RECEIVED  
NO DEPOSIT.....  
NO SHIRT!!

Any enquiries to Mrs Slater 60 256433.



## SCHOOL PHOTOS

TUESDAY 12 MARCH

PHOTO ENVELOPES WERE SENT HOME  
TODAY—PLEASE CHECK  
YOUR CHILD'S BAGS

All students are asked to come in a clean full Summer uniform. Summer dresses or navy shorts and blue polo shirt. If the weather is a bit 'fresh' on the morning, navy polo jumpers or jackets can be worn, but will be taken off for the short period whilst photos are being taken. If students come in long winter pants, please have shorts on underneath so trousers or track pants can be removed for photos.

- Photos will start at 9 am and finish before recess.
- All envelopes are individually barcoded specifically for each child. If you lose or damage it, please ask at the office for a new envelope
- Family envelopes are available at the school office
- All envelopes with the correct money need to be in by, or on the photo date
- NO CREDIT will be given
- Your envelope and money must be handed in BEFORE the photo day deadline Monday 11 March



## School Athletics Carnival

All students  
Monday 8 April

Students will travel from school to Alexandra Park after the 9am roll call and returning to school approximately 2.15pm

No school Canteen.

A canteen will be available at the carnival

\*\*Planning Ahead\*\*

## School Cross Country

Friday 3 May

First week back in Term 2.

Starts at 1.30pm on school grounds.

## COMING UP.....Please note.....



**Please put this note on your fridge**

Gazetted Half Day Holiday

**Friday 22 March**

Albury Gold Cup

The school will close at 12 noon on

**Friday 22 March**

All students must be collected by this time.

There will be no supervision and  
no staff on site after this time.

This is a half day holiday gazetted for the  
whole of Albury City

and not by Springdale Heights Public School.

With this prior notice we trust that you will be able to  
organise alternative care for your children.

# P & C News

## P & C AGM

The P & C, AGM was held last week and we are pleased to announce the following members who have taken positions on the committee:

<b>President</b>	Del Taylor
<b>Secretary</b>	Kasey Hathaway
<b>Vice Presidents</b>	Judy Langridge and Cathy Christie
<b>Canteen</b>	Alison Green
<b>Fundraising</b>	Stephanie Campion
<b>Treasurer</b>	vacant—can you fill this position?

**Come in and be a part of our fabulous P & C team!** Come along and see if there is something you can do to help and make a difference. Jobs are as little or as much as you can spare time for. We look forward to seeing YOU!

## EFTPOS—\$10 minimum

Wednesday, Thursday and Friday's (Canteen days), Eftpos is now available for canteen purchases and school shirt purchases.

## CANTEEN HELPERS URGENTLY NEEDED!

Our school canteen is supported by volunteers and we urgently need help to continue to be able to open 3 days per week. Can you spare sometime to help out?

We need volunteers to help prepare ingredients (chopping up salads etc), to help get ready for the lunchtime rush, and to help out on meal deal days. If you can only spare an hour after school drop off (9.00-10.00) that's great, or maybe sometime before the lunch (10.30-12.30) also great! Any small amount of assistance will help.

Please check the dates below and see if you have some time to spare. The process is easy – no experience needed - just see Alison in the canteen or call/text on 0423 902 760.

Week	Date	Wednesday	Date	Thursday	Date	Friday
Wk 4	27/2	2 people needed - HELP!	28/2		1/3	
Wk 5	6/3	2 people needed - HELP!	7/3		8/3	1 person needed – HELP!
Wk 6	13/3	2 people needed - HELP!	14/3	2 people needed - HELP!	15/3	<b>Canteen Roster</b>
Wk 7	20/3	2 people needed - HELP!	21/3		22/3	
Wk 8	27/3	2 people needed - HELP!	28/3	2 people needed - HELP!	29/3	
Wk 9	3/4	2 people needed - HELP!	4/4		5/4	
Wk 10	10/4	2 people needed - HELP!	11/4	2 people needed - HELP!	12/4	
Wk 11	17/4	2 people needed - HELP!	18/4			



Friday 1 March  
\$ 5.00 Meal Deal

- ◆ 1 Chicken noodle cup
- ◆ 3 chicken nuggets
- ◆ 1 ice block

## P & C RECIPE BOOK

The P & C are currently compiling recipes for a recipe book to have printed and ready for sale for Mothers Day 2019.

Recipes can be submitted for any, each or all of the following sections:

(4 ingredients, breakfast, lunch, dinnertime, desserts, snacks or sweet treats).

Families may wish to submit a recipe for each child or just a family recipe in any of the above sections.

- Name and photo of your child can be attached to the recipe but permission must be given on the form. (forms available at office)

Any family wishing to include a recipe in the book needs to enter it on the attached (SHPS RECIPE BOOK 2019) sheet and return to the office or their class teacher.

- You will need to read the information for submitting recipes entries CAREFULLY so that all information is correct.
- Changes cannot be made once it goes to print so the recipes and permission for name/photo MUST BE CORRECT! Please return your entries as soon as possible .... the timeline for Mothers Day will be tight! If more forms are required they can be collected from the front office.

**Springdale Heights 2019 P & C**

## MINDFULNESS PROGRAM 2019 @ SHPS

We begin our mindfulness program from 18 February, for Year's 3 to 6 first in Term One and then Kinder to Year 2 in Term Two. This program is now running in its fifth year with many students reporting health benefits and improved attention and concentration. This program has the support of the Principal and staff at our school.

Mindfulness is about being in touch with the present moment- both internal and external and being aware of what is present in one's heart and mind. It helps one to have clearer thinking, enjoy better relationships and improve wellbeing. It works by focussing one's attention on the present moment through mindful activities that keeps the nervous systems in balance and enhances the way one's brain works.

Activities in the program include mindful eating, walking, breathing exercises, meditation, colouring in and relaxation. Students can also access the Mindfulness Room with their teacher's permission to support their wellbeing. If you are interested in knowing more about this program, please do not hesitate to contact Pam Kaur, Senior Psychologist at school every Tuesday or by appointment.



# 2019 TERM ONE CALENDAR

All assemblies are at 2.30pm unless notified otherwise

Please read carefully as changes will be made regularly

	Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast Club 8.30—8.55am served at the canteen	Breakfast Club 8.30—8.55am served at the canteen		Assemblies 2.30pm	
Week 5	25/2	26/2 Pillow Talk Project Year's 3 & 4 11.30—12.30 Year 6 MHS visit 9am—12pm	27/2 Pillow Talk Project Year's 3/4 11.30—12.30	28/3	1/3 Canteen Meal Deal
Week 6	4/3	5/3	6/3	7/3 Mortimer Shied Year' 5 & 6 3/4 Blue Assembly 2.30pm	8/3
Week 7	11/3  Out of Uniform Day— Uniforms can then be clean for school photos the following day	12/3  <b>School Photos</b>  Year 7 information session MHS 5.30 to 7.00 pm	13/3  Riverina Swimming Carnival  Scripture starts	14/3  All deposits or full payments for Year 6 T-Shirt orders due today.	15/3
Week 8	18/3  Easter Raffle tickets Sent out	19/3	20/3  Harmony Day	21/3 3/4 Red Assembly 2.30pm	22/3  Albury Gold Cup 1/2 day for students ALL children to be collected by 12noon.
Week 9	25/3	26/3  Year 6 MHS Transition Day 8.50am to 12.10pm. Students will be walked over and back to MHS by a SHPS staff member  P & C AGM meeting @ 5pm New members welcome	27/3	28/3	29/3
Week 10	1/4	2/4	3/4  Infants & Preschool Teddy Bear Picnic	4/4  5/6 Blue Assembly 2.30pm	5/4
Week 11	8/4  School Athletics Carnival @Alexander Park	9/4	10/4  Easter Raffle tickets due back	11/4	12/4  Canteen Meal Deal P & C Easter Raffle Draw

Friday 19 April	Good Friday
Monday 22 April	Easter Monday
Thursday 25 April	ANZAC Day

This year Good Friday, Easter Monday and ANZAC Day holidays fall in the school holidays.

Students will return to school for Term Two on Tuesday 30 April.