

Springboard

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Term 2 - Week 6

Thursday 7 June 2018



Awesome effort Natalya!

Zone Cross Country

Last week, the students listed below, attended the Zone Cross Country at Thurgoona. We would like to congratulate every student for doing their best on the day.

A big congratulations to Natalya R for being the overall winner in her age group. Natalya will now go on to represent at the Riverina level on Thursday 14 June. We wish her a good run for the day and we are sure she will do her best.

It was a beautiful sunny day which meant there was also a large number of parents and families who turned up to watch the event.

We would like to thank everyone for showing their best sporting behaviour and support for their fellow students.

Congratulations to;

Sophia B	Charlotte M
Logan C	Abe M
Sienna C	Luke N
Tyson C	Blair P
Tamika C	Natalya R
Ryan C	Jason S
Charli C	Ciara S-W
Ruby C	Jack S
Leon C	Jack T
Phoebe E	Allira T-L
Justin E	Isabell T
Saria E-B	Maddex T
Claire F	Tylah T-Mc
Jack H	Mason T
Ziggy H	Max T
Violet H	Koby T
Mazzy H	Alexis W
Wendy H	Ellie W
Shianne K	Connor W
Will K	Luke W
Mathew L	Kane W
Jayden Mc	Rachel W
Blake M	



Year 5/6 Canberra excursion—please note that your *unpaid fees notice* sent home last week will not show your GST component if that part is paid in full. THE column **TOTAL AMOUNT OWING** IS WHAT IS LEFT TO PAY.

School Public Speaking



Ciara and Eli were announced the winners by Miss Wilson

Above: The winners of the School Public Speaking was announced by Miss Wilson and they were:

Junior winner is *Eli P* and Senior winner is *Ciara S-W*. The subject for the Year 5/6 students was 'A Local Travel Guide' and they had to share what they loved about their local area. Year's 3/4 spoke about their favourite place. In the next round they will also do an impromptu.

Congratulations to Eli and Ciara, who will compete at the Annual Lions Club Competition to be held here on Wednesday 20 June.



Senior Public Speakers

Congratulations to Tiana, Daria, Darcy, Ciara, Addy, Keana, Jacinta, Connor and Will from the Seniors speakers and Travis, Rhemi, Eli and Charlotte from the Juniors. You all spoke exceptionally well!



Junior Public Speakers



You helped raise

\$225.00

For the Give me 5 for Kids

We appreciate your support for this very worthy cause.

This money is going to our local hospital which means that in turn we are helping your children if ever the need arises.

We are pleased to be able to support this charity again this year and to also help change a sick child's life.



Class Awards

Sports Awards

Kinder Maximus B Ella B Hunter C Jonty L	3/4 C Logan E Rachel W Charli C Maddex T	5/6 W Talyn C Claire F Noah R Alexis W	3/4C Riley H Ellie W
1/2 BV Brooklyn B Noah P Ryan McG Shyindi K	3/4 D Michael F Didier I Bonheur B Isabell T Erich H	Library Awards <i>Monitors are awarded based on their regular Library returning and borrowing habits.</i>	3/4D Damian C Jazzamae B
1/2 PB Annabel S Logan T Maddi C Jack H	5/6 H Ryan C Freya S Kane W Ciara S-W Connor W	1/2BV Ruby C Chanelle O'S	5/6H Mazzy H Rylan M
		1/2PB Crystal E Charles M	5/6W Jacinta T Parker T

Kinder Ella B Annabelle D Chloe P Koa P	Years 3-6 School Sport Michael F Charlotte C Tex F Joshua C
1/2BV Tamati M Ben G	PSSA Sport Justin E Natalya R Erich H Blair P Claire F Keana B-W Rachel W
1/2PB Maddi C Logan T Angus B Charles M	

Netball: Last Friday we played our first round of PSSA Netball for the season. Senior Blue won 4/3 against Glenroy Public School. Senior Red lost 1/2 against Lavington Public School and our Juniors had a great win 6/0 against Glenroy. Well done to all girls who tried their best all game.

Soccer: Junior team won against West Albury and the score was 6/0. The Senior team lost against West Albury. Well done to our teams for a good start to the season.

Sports Report

PBL Bronze	Kinder	1/2BV	1/2PB	3/4C	3/4D	5/6H	5/6W
	Ella E	Claire F
PBL Silver	Kinder	1/2BV	1/2PB	3/4C	3/4D	5/6H	5/6W
	Jack H	Ziggy H Rachel W	...	Connor W Luke W Luke N Ciara S-W Mazzy H	...

PBL Value Awards

1/2PB	1/2BV
Sophia B Zac C	Ella K Shelby W

Congratulations you have been recognised for being OUTSTANDING!!

Springdale Heights Public School P & C



Springdale Heights Public School will be holding a market/fun day on **Thursday November 1, 2018** at the Springdale Heights Public School grounds.

The market will be a twilight market between 5.30pm and 8pm.

Do you know any stall holders who would like to be involved with our P & C Twilight Market Thursday 1 November 2018?

If you are interested in holding a stall please email shpsfundraiser@gmail.com with your business name, your name, and phone number.

Please contact us by the above email address to register your stall.

We would love to hear from you!

Be Active

I run around the block because it is fun. Then I jump on the couch and I ride my bike to be active.



By Maddi

1/2PB

In class we like to stay healthy and active everyday. We know we learn better after being active so in class we have energiser breaks to get our brains active and ready for learning.

See our favourites—

Just Youtube, GoNoodle Brain Breaks, Move to Learn, Just Done and Get Moving.

Students have used their computer skills to publish their *Active* writing piece; This included inserting an image to match their writing and to explore different font types.

Active

I play hide and seek to get active



From Anesia.

BE ACTIVE!

THE WAY TO BE HEALTHY YOU NEED TO EAT HEALTHY FOOD AND RIDE YOUR BIKE AND YOUR SCOOTER.



BY ANNABEL

Physical activity doesn't all have to happen at one time. It can be accumulated throughout the day.

Get active

I do the monkey bars to be fit. It's important to exercise because it makes you fit. You have to eat healthy food like vegetables and fruit. You always need to exercise every day.



By Pixie

Be Active



WHEN I AM PLAYING FOOTBALL, I AM TACKLING MITCHELL WHO IS 18. "IS THAT EXERCISE?" I REPLIED "YES". WHEN YOU'RE OUTSIDE YOU BETTER EXERCISE LIKE ME.

BY ANGUS

BE ACTIVE

ONCE I DID 100 PUSH UPS. EXERCISE HELPS YOUR BRAIN TO GET FIT.



BY CARSON

BE ACTIVE

WE WILL EXERCISE VERY GOOD EVERY DAY. TO RUN IS VERY COOL.



By Crystal

Be active

Being cttive is a good thing for you to do. You could chase your brother or do 101 push ups. Jump Off the couch. Eat healthy food and climb up a house.



By Seth

Be Active

How to be active- you need to do exercise for an hour and it helps you to not get sick. You can exercise by jumping on the trampoline.



By Charles

Be Active

Exercise is good for your body to help you grow and learn



By Faith

BE ACTIVE

HOW TO BE ACTIVE:

ONE- JUMP ON A TRAMPOLINE

TWO- RUN

THREE- PLAY HAND BALL

FOUR- DO AIR WRITING

FIVE- DO A HUNDRED AND ONE PUSH-UPS

SIX- DO 101 PULL-UPS

SEVEN- CHASE YOUR BROTHER AND SISTER

EIGHT- HAVE FUN JUMPING OFF THE COUCH.



BY ZEEK

Be Active

It is good to get fit and it is good to drink water. I like running around the house with my CAT TO BE active.



By Tahnle.

WHY IS IT IMPORTANT TO BE ACTIVE?

I CHASE MY BROTHER TO GET FIT. TO BE FIT YOU NEED TO EAT HEALTHY FOOD BECAUSE IF YOU DON'T EAT HEALTHY FOOD YOU WON'T GET HEALTHY.



By Kelsey

Regular physical activity is an important part of getting healthy and staying healthy



BE ACTIVE

AFTER SCHOOL I RUN AROUND THE BLOCK 5 TIMES AND THEN I GO HOME SO I CAN GET A DRINK. I DO THAT FOR FITNESS. I DO IT BECAUSE I WILL GROW HEALTHY AND STRONG. I DO IT ALL DAY EVEN AT NIGHT WHEN WE ARE GOING ON WALK OUTS. I AM DOING 6 RUNS TODAY AFTER SCHOOL. WE ALWAYS DO IT AFTER SCHOOL. YESTERDAY I DID IT EVEN WHEN I WAS AT MY COUSIN'S HOUSE. I BOUNCED ON THE TRAMP AT MY COUSIN'S HOUSE. I CAN RUN AROUND 10 TIMES.



BY MADDIE.

BE ACTIVE.++++

I like to jump on the trampoline and up on the couch and run a race to be active. We have a training session on the weekend and I run with the dog. On the weekend I always eat vegetables.



By Logan

Be Active

Be active is exercise. It means you can do sport.



By Sophia

BE ACTIVE

TO GET ACTIVE YOU NEED TO RUN AND JOG TOO, SO YOU CAN GET FIT. I RIDE MY BIKE TO GET FIT AND TO GET STRONG.



BY JACK

Be Active

It is so important to be active because you will be fit and you will be light and be fast.



By Ryan



Kids and teens should get at least 60 minutes of physical activity every day, including vigorous activities that make them huff and puff



Be active

You should be active to get fit and get your brain learning. You should exercise so it will help you learn at school. If you want to be active you should run around, eat healthy and chase your brother or sister.



By Blake

Be Active

I like to run around the block to make me healthy.



By Zac

Be Active

I like to jump on the tramp and I like to chase our dog Loke to be active.



By Makaylah

Be active

To be active you should run, jump, race and play. When you're active you get healthy, energized and ready to learn. It's important to be active because you can learn better.



By Ruby

We are very pleased to see so many of our students maintaining regular attendance at school. Your child's education relies on their whole day attendance, but remember also that if your child is regularly late—they miss out on the important morning procedures and most of all disrupt lessons that are already underway. Don't forget to phone us if your child is sick or will be away for any reason so we can have their absence entered correctly.

Compulsory School Attendance

Information for parents

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. NSW public schools work in partnership with parents to encourage and support regular attendance of children and young people. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

What are my legal responsibilities?

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age. The *Education Act 1990* requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend school, or, are registered with the Board of Studies, Teaching and Educational Standards for homeschooling.

Once enrolled, children are required to attend school each day it is open for students.

The importance of arriving on time

Arriving at school and class on time:

- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet their friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance (e.g. attending a funeral)

Following an absence from school you must ensure that within 7 days you provide your child's school with a verbal or written explanation for the absence. However, if the school has not received an explanation from you within 2 days, the school may contact you to discuss the absence.

Principals may decline to accept an explanation that you have provided if they do not believe the absence is in the best interest of your child. In these circumstances your child's absence would be recorded as unjustified. When this happens the principal will discuss their decision with you and the reasons why.

Principals may request medical certificates or other documentation when frequent or long term absences are explained as being due to illness. Principals may also seek parental permission to speak with medical specialists to obtain information to collaboratively develop a health care plan to support your child. If the request is denied, the principal can record the absences as unjustified.

Travel

Families are encouraged to travel during school holidays. If travel during school term is necessary, discuss this with your child's school principal. An *Application for Extended Leave* may need to be completed. Absences relating to travel will be marked as leave on the roll and therefore contribute to your child's total absences for the year.

In some circumstances students may be eligible to enrol in distance education for travel periods over 50 school days. This should be discussed with your child's school principal.



My child won't go to school. What should I do?

You should contact the principal as soon as possible to discuss the issue and ask for help. Strategies to help improve attendance may include a referral to the school's learning and support team or linking your child with appropriate support networks. The principal may seek further support from the Home School Liaison Program to develop an Attendance Improvement Plan.

What might happen if my child continues to have unacceptable absences?

It is important to understand that the Department of Education and Communities may be required to take further action where children of compulsory school age have recurring numbers of unexplained or unjustified absences from school.

Some of the following actions may be undertaken:

- Compulsory Schooling Conferences

You may be asked, along with your child, to attend a Compulsory Schooling Conference. The conference will help to identify the supports your child may need to have in place so they attend school regularly. The school, parents and agencies will work together to develop an agreed plan (known as Undertakings) to support your child's attendance at school.

- Application to the Children's Court – Compulsory Schooling Order

If your child's attendance at school remains unsatisfactory the Department

may apply to the Children's Court for a *Compulsory Schooling Order*. The Children's Court magistrate may order a Compulsory Schooling Conference to be convened.

- Prosecution in the Local Court
- School and Department staff remain committed to working in partnership with you to address the issues which are preventing your child's full participation at school. In circumstances where a breach of compulsory schooling orders occurs further action may be taken against a parent in the Local Court. The result of court action can be the imposition of a community service order or a fine.

What age can my child leave school?

All New South Wales students must complete Year 10 or its equivalent. After Year 10, and up until they reach 17 years of age, there are a range of flexible options for students to complete their schooling.

Working in Partnership

The Department of Education and Communities recognises that working collaboratively with students and their families is the best way to support the regular attendance of students at school.

We look forward to working in partnership with you to support your child to fulfil their life opportunities.

If a student misses as little as 8 days in a school term, by the end of primary school they'll have missed over a year of school.

Further information regarding school attendance can be obtained from the following websites:

Policy, information and brochures:

Please visit the Department of Education's *Policy library*

The school leaving age:

Please visit the Department of Education's *Wellbeing and Learning* website

Do you need an interpreter?

Interpreting services are available on request, including for the hearing impaired. The Telephone Interpreter Service is available 24 hours a day, seven days a week on 131 450. You will not be charged for this service.

For further advice and questions contact your educational services team

T 131 536

Learning and Engagement

Student Engagement & Interagency Partnerships

T 9244 512

www.dec.nsw.gov.au

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2018 TERM TWO CALENDAR

Please read carefully as changes will be made regularly

All assemblies are at 2.30pm unless notified otherwise

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 6	4/6	5/6	6/6 Give me 5 for kids SRC fundraiser Pyjama Day, DVD and popcorn from 1.30-3pm \$2 GOLD COIN DONATION	7/6 1/2PB Assembly 2.30pm	8/6 Infants Hockey in the hall 9am-12.50pm
Week 7	11/6 Queens Birthday Holiday NO SCHOOL	12/6	13/6	14/6 Riverina Cross Country	15/6 Infants Hockey in the hall 9am-12.50pm
Week 8	18/6	19/6	20/6 Lions Public Speaking in the hall Issue 4 book club orders are due	21/6 Pet Ownership Years K-2 K 11.30-12.10 1/2 12.20-1pm Kinder assembly 2.30pm	22/6
Week 9	25/6	26/6 Enviro Matters K-6	27/6	28/6	29/6 Student Reports go home
Week 10	2/7	3/7	4/7	5/7 Canteen Meal Deal 5/6W assembly 2.30pm	6/7 LAST DAY OF TERM

School Holidays starts Monday 9 July to Monday 23 July

ALL STUDENTS RETURN TUESDAY 24 JULY

P & C Used Uniforms



We have had a great response to the sale of our used uniform sale. Many families have taken advantage of a bargain and purchased cheap winter clothing for their children. There are still plenty of items available if you wish to call in and have a look.

- ⇒ This is the last week that they will be on display in the office foyer.
- ⇒ From next week you can pick them up from the school canteen.
- ⇒ The canteen is open each Wednesday, Thursday and Friday

- * Girls dresses are *prices as marked*
- * Shoes are *prices as marked*
- * All other items are *\$2 each*
- * No used jackets left

Springdale Heights Public School 25 Cardo Drive Springdale Heights

I wish to enrol my child for Kindergarten 2019

Name.....

Date of Birth:.....

- ☐ My child has siblings attending school at present and is in zone
- ☐ Within zone
- ☐ Out-of-zone with a sibling already enrolled at the school

Eldest sibling attending SHPS:

Parent's Name:

Address:

.....

Phone:.....