

Springboard

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Principal: Miss Sue Farmer

Term 2 - Week 4

Thursday 24 May 2018

Springdale Heights PS received some great media attention this week with the Walk to School Safely Day being broadcast on Prime news as well as a large full page spread in the Border Mail Tuesday 22 May.



National Walk Safely to School Day

Last Friday was National Walk Safely to School Day. It is a campaign and annual event when all primary school children, their parents and carers are encouraged to walk to school to promote safe use of our roads as pedestrians and create healthy habits.



We invited your children to join Miss Vogel and Mrs McAlister for this annual national event.

Students participating in the walk assembled at the corner of

Kemp Street and Kaitlers Road intersection and walked together as a group with Miss Vogel and Mrs McAlister. We were very pleased with the number of students and families who turned up for the walk. Thank you to families that encouraged their children to take part.

What a fabulous response!



Don't forget when riding your bike to school it is compulsory to wear a helmet and follow the road rules

Kinder to Year 2 have been learning about 'Past and Present Family Life'

Thanks to Tamara Wright for the use of her photo booth... (carolynsphotobooth.com.au)
Our visiting families loved it! We appreciate your wonderful effort with this. You are amazing!!!



Last week students and their visitors shared time together looking around their classrooms and then had a fun filled afternoon of games and activities from the past such as quoits, marbles and jacks.

This was followed by an afternoon tea in the school hall. The hall was set up beautifully for everyone to share a cuppa, biscuit and good conversation.



It was wonderful to see so many grandparents come along to be a part of this special day for the students.



Class Awards

Congratulations...

Congratulations...

Kinder Olivia W Blake B Annabelle D Lucas R 1/2 BV Chanelle O'S Giselle S Tamati M Lily C 1/2 PB Angus B Faith D Blake M Seth P 3/4 C Mikayla W Patrick H Rhemi T Abe M	3/4 D Phoebe E Charlotte M Jazz B Jem L Didier I 5/6 H Brodie T Ella E Barry S Lizzy Mc-C Mackenzie P 5/6 W Tamika C Koby T Tex F Jacinta T	Library Awards <i>Monitors are awarded based on their regular Library returning and borrowing habits.</i> 1/2BV Ella k Braylen S 1/2PB Zeek B Maddi C 3/4C Ziggy H Mikayla W 3/4D Rhys S Jack T	5/6H Mason T Brodie T 5/6W Keana B-W Marlee G-W
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Sports Awards

Kinder Indi W Chelsea B Rubii Rose M Teegan H 1/2BV Ollie B Noah P Shelby W Mathew H-S 1/2PB Maddi C Zac C Faith D 3/4C Rachel W Travis R	3/4D Isabelle W Cooper P 5/6H Luke N Mackenzie P 5/6W Hudsynn J Darcy B 
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PBL Bronze	Kinder Rubii Rose M Elijah T-J	1/2BV Lily C Ben G Shyindi K Braylen S Jordan W	1/2PB Zeek B Zac C	3/4C ...	3/4D ...	5/6H Justin E	5/6W ...
PBL Silver	Kinder	1/2BV	1/2PB	3/4C	3/4D Charlotte M Eli P Jack T Leon C	5/6H Wendy H	5/6W

PBL Value Awards

3/4D	5/6H
Leon C Eli P	Luke N

Congratulations you have been recognised for being OUTSTANDING!!

P & C NEWS

Mother's Day Raffle & Stall

A huge thank you to all the families who supported the raffle and stall - what a great success! The students loved being able to buy some goodies to take home and give to their special someone for Mother's Day. Lots of attention and thought went into the gift buying! The raffle raised \$500.80 and the stall raised \$953.05, thank you kindly for the generous donations to those businesses and individuals who contributed items.

A round of applause to the committee members who gave their time to coordinate and run the stall on the day - well done!

Second- hand Uniform Stall

Thanks to everyone who donated or purchased uniform items. You can still pick up uniform bargains through the office for a \$2.00 donation per item. Shoes are individually priced. The uniform stall will be run again in the future - so stay tuned.

Call out: Canteen Needs Helpers!

Our canteen is awesome but it takes lots of hard work! The canteen is run by one very busy part-time coordinator and parent volunteers who really need your help and support. So please, if you have some spare time on **Wednesdays, Thursdays or Fridays** put your name down to help out. Thursdays are the busiest days. Drop into the canteen to let Alison know if you can volunteer.

Dates to Remember

Thursday 5 July - Meal Deal

Getting Back to Basics

The canteen is getting back to basics this week by trialling their own made pizza dough, tomato paste and scrolls with great success from the kids. We even had Sushi on offer which went down a treat. Keep an eye on the specials board at the canteen for upcoming offers on all canteen operating days.

THANK YOU DAHLSSENS HARDWARE AND JIM

We would like to thank Dahlsens Hardware retailer for their kind donation of wood for a canteen project. Jim Keogh (*one of our grandparents*) used the wood to make sorting shelves for everyday use in the canteen. Thank you Jim!! We appreciate the community support for our school.

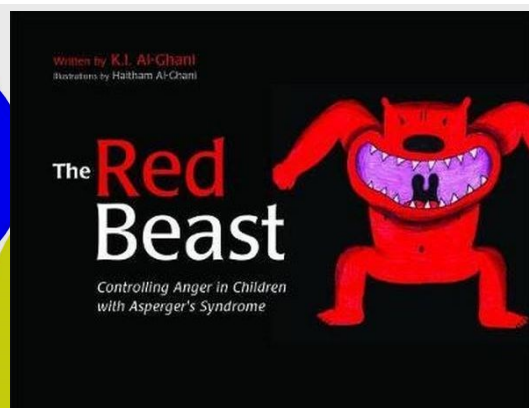


1/2BV

In 1/2BV we have been working very hard on our writing goals!

We read "The Red Beast" and we talked about how we feel when we get angry and ways that we can calm down.

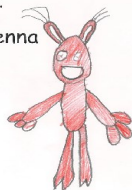
In this piece of writing the class had to write about how they feel and look when they get angry.



One day my red beast came out because my sister took the Ipad and my dad took the Ipad off me. My mouth got gigantic and I yelled angrily. I was in the hallway.

She went to her room and I laid on the floor mad. I got to have a go and I got a lolly and I got very happy.

By Sienna



My red beast is angry. He likes to swear. He has an angry face. He has smoke coming from his ears. He has smoke coming from his nose. He gets very sleepy when he is sleeping.

By Chanelle



My red beast came out on Friday because my brother tried to give me a chinese burn and I punched back my brother.

By Lily



Sometimes my red beast comes out and I scream out things like swear words and I hate you !!!!!!! I feel like punching people and things as well. Also my mouth gets massive. My eyes stay the same. My ears stay the same, I stare at people. I yell at people and I kick people.

By Ryan



My red beast gets big and he says mean things. I get all red and angry. My eyes go small. My ears go small and I can't hear anything.

By Shyindi

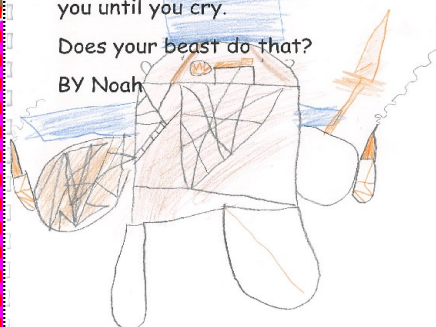


My red and green beast gets really angry when he kicks and punches. He also swears.

It is hard to get to sleep. He's gigantic. It can go as long as it wants. He is scary. He will annoy you until you cry.

Does your beast do that?

BY Noah



My red beast came out yesterday when Ella tried to cut a picture that was from mum.

By Brooklyn



My red beast is vicious. My claws and my hands get enormous. Steam comes out of my ears.

I feel like I get giant and start wanting to break someone's head open!

Then my head starts to explode!

I scream out bad words like I'll kill you!

By Ben



My red beast came out last night when my mum was making an Easter hat for my brother. She wouldn't let me help.

By Braylen



When my red beast comes out my mouth gets big and loud.

I get hot and sweaty, then I explode.

My ears and eyes get small, I can't see very well.

By Tamati



THIS IS my red beast

The beast has razor blade teeth.

I swear a lot when red beast comes out. I become angry and I hit Jordan in the nose.

My beast could see him crying.

Then I felt really sorry for him so I ran away.

I let my beast calm down by running very fast and counting up to ten.

By Rhys



THIS IS my red Beast

When my Red Beast comes out my mouth gets humongous. When my ears get little it's like I have headphones on. When my mouth gets big it has 23 teeth. Hot steaming smoke comes out of my little ears.

My body gets black and red. I have cracks through my hot lava arms. When I get angry I have sparkly green headphones to ignore people.

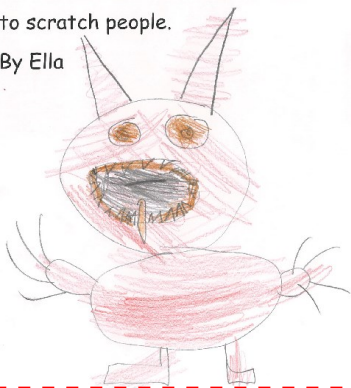
By Jordan



My red beast looks like a mean beast. My eyes and ears get small. My beast shouts and swears at people.

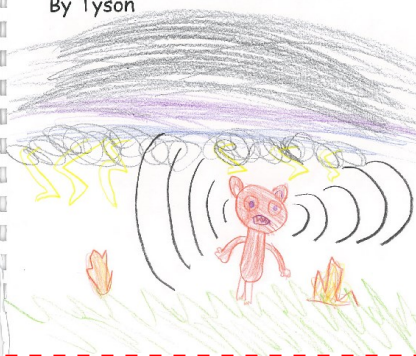
He likes to eat food and he likes to scratch people.

By Ella



When my red beast comes out I get a red face. I clench my fists. I yell at people. I swear at people. I hit people in the face. Steam comes out of my ears.

By Tyson



On Sunday morning my red beast came out because my brother was annoying me so much.

He was constantly calling my name, over 500 times. I had a big headache.

Then he punched me in the tummy. I started to grumble. Smoke was coming out of my head. I got bigger and stronger.

I punched him so hard that I fell over, I said "GO away!"

Mum yelled, "Go to your room!"

By Ollie



On Wednesday morning I went to the woods and my red beast went into the cave and saw a bear. My red beast blew smoke out of his ears and his party hat.

By Ally



When my red beast comes out I am angry at my sister and my brother. We have a big fight together and Mum ends it. When I get angry at Max and Mikayla my ears get really, really small.

My fists get bigger, my mouth gets bigger and bigger. My eyes get smaller and smaller.

By Shelby



My red beast came out because me and my brother fought. When my brother ignores me my red beast yells and spits and also swears. He also has little eyes and tiny ears too.

By Poppy



When my red beast comes out I get angry. Hot steam comes out of my ears. My beast has sharp teeth and he will scream at you.

By Ruby

By Ruby



When my red beast comes out I get angry.

When my brother and sister tease me.

My mouth gets bigger and I yell stop it!

By Mathew



My Red Beast sleeps a lot. It only comes out at home. One year ago I don't remember what happened. I don't remember what I felt like. I did not like it. It stays in a deep sleep.

By Saria



When my red beast wakes up it gets big and red!

Also it gets angry! It's eyes get small and its ears get small.

Smoke comes out of its ears.

He swears and punches. He has sharp teeth and he has big fists and a big mouth.

By Lachie



When my red beast comes out, it makes me so, so, so angry that it makes steam come out of my ears.

Its eyes and ears are so little.

He also swears. He says go away!

By Giselle



Zone Athletics Carnival

Mrs Purss-Semple and Miss Heinjus took 45 students to the Zone Athletics Carnival to demonstrate their skills in running, long jump, discus, shot put and high jump. Students put in their best efforts and some spent the whole day running from track to field events and back again. We had some excellent results and special congratulations need to go to Kane W for coming second in the 13 years 100 metres, Tyson C and Isabell T for making the 100 metre finals and all of our relay teams. *We had parents come to us and tell us how proud they were of the SHPS students' effort, sportsmanship and behaviour which was lovely to hear. Congratulations to everyone who represented our school so well!*



Zone Representatives

Ollie	Travis	Mackenzie
Sienna	Maddex	Ciara
Tyson	Rhemi	Mason
Saria	Leon	Kane
Rhys	Lillie	Tamika
Sophia	Jack	Talyn
Ryan	Isabell	Will
Charlotte	Charlotte	Natalya
Sebastian	Allira	Zack
Riley	Max	Koby
Rachel	Violet	Keana
Charli	Wendy	Lincoln
Logan	Connor	Pheobe G
Ziggy	Luke W	Damon
Phoenix	Ryan C	Hudsynn
Jayden	Mazzy	Jacinta
	Rylan McG	

Paul Kelly Cup AFL Round Robin Day

Congratulations to all the students who participated in the Paul Kelly Cup. Last Friday all the students AFL skills improved throughout the day and we became more competitive throughout each match. Thank you to Mr Stevens for coaching and all the parents who came along to support their child and the school.



Paul Kelly Cup Team

Tamika	Justin
Tye	Lincoln
Violet	Pheobe G
Wendy	Mazzy
Will	Hudsynn
Sandy	Luke N
Koby	Mackenzie P
Connor	Ciara
Luke W	Jacinta
Darcy	Mason
Keana	Kane W
Ryan C	Mathew L



Regan's Charity Tournament

TO SHOW YOUR SUPPORT, BOOK YOUR SPOT...

GOLF

TOURNAMENT FUNDRAISER

JUNE 22

10.30AM FOR 11 START

RAFFLE & AUCTION
FUNDRAISING HOLES
SAUSAGE SIZZLE

We are fundraising for
Regan Lions & family.



ENJOY A DAY ON THE GREENS
FOR A HEARTFELT CAUSE

\$20 P.P.

HOWLONG GOLF RESORT
186 Golf Club Drive, Howlong NSW 2643
Pro Shop: (02) 4526 5822



For Your Information

Zone Cross Country-tomorrow

Friday 25 May is the Zone Cross Country event to be held at the Albury Equestrian Centre in Corry's Road. All students participating must have returned their permission slip and money. Please read your note carefully for all details and remember to dress warm as it can get very cold.

Year 7 Murray High Transition Day

Next Tuesday 29 May is the transition day for students going to Murray High School. 9am to 12.10pm. All students to wear full winter uniform.

Year 6 T Shirt

The shirts have arrived and are being handed out when payment in full has been made.

Canberra Payment

The next \$35 payment for the Year 5/6 Canberra excursion was due today. POP, eftpos and cash payments can be made at anytime.



MINDFULNESS PROGRAM 2018

Our successful program in its fourth year begins with the training of 8 students in the primary to help lead their classmates in using the various techniques to help with mindfulness either in the classrooms or in our special room near the front office.

Students can access this room with their teacher's permission. This program has the support of Sue Farmer, Principal and the staff. Many students have benefited from learning techniques to calm themselves down, breathing and being present in the moment.

Kinder to year 2 students will have Miss Kaur visit classes and teach the mindfulness program in weeks 7 and 8 of this term.

If you have any questions, please do not hesitate to contact Miss Pam Kaur, Senior Psychologist, Education at our school.

2018 TERM TWO CALENDAR

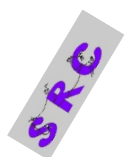
Please read carefully as changes will be made regularly

All assemblies are at 2.30pm unless notified otherwise

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 4	21/5	22/5	23/5	24/5 1/2BV Assembly	25/5 Albury & District PSSA X-Country
Week 5	28/5	29/5 Year 7 Transition Program 9.00am to 12.10pm Public Speaking school comp. Years 3-6	30/5	31/5	1/6 PSSA sport starts
Week 6	4/6	5/6	6/6 Give me 5 for kids SRC fundraiser Pyjama Day. DVD and popcorn from 1.30-3pm GOLD COIN DONATION	7/6 Canteen Meal Deal 1/2PB Assembly	8/6 Infants Hockey in the hall 9am-12.50pm
Week 7	11/6 Queens Birthday Holiday NO SCHOOL	12/6	13/6	14/6 Riverina Cross Country	15/6 Infants Hockey in the hall 9am-12.50pm
Week 8	18/6	19/6	20/6 Lions Public Speaking	21/6 Pet Ownership Years K-2 K 11.30-12.10 1/2 12.20-1pm Kinder assembly	22/6



Help change a sick child's life



Pyjama Day

Wednesday 6 June

\$2 coin donation

Come to school wearing your PJ's to help raise money for **'Give Me 5 for Kids'**.

Students will enjoy a DVD and popcorn from 1.30pm to 3pm.

Springdale Heights Public School 25 Cardo Drive Springdale Heights

I wish to enrol my child for Kindergarten 2019

Name:.....

Date of Birth:.....

- ☐ My child has siblings attending school at present and is in zone
- ☐ Within zone
- ☐ Out-of-zone with a sibling already enrolled at the school

Eldest sibling attending SHPS :

Parent's Name:.....

Address:.....

.....

Phone:.....