

Springboard

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Principal: Miss Sue Farmer

Term 3 - Week 4

Thursday August 7, 2014

FROM THE CLASSROOM

Class Kinder

Thankyou to Mrs Boughton, Mrs Pontt and Mrs Kay for taking my class whilst I was away. Unfortunately my sister lost her three year battle with cancer which is why I had two weeks off. In Reading and Writing we are working on fluency and making sure we read just like we talk. In Maths we worked on fractions and working out what one half means. In Library we are looking at Fairytales and this week's tale was "Little Red Riding Hood". It was an Australian version so we looked at similarities and differences between the two. Our story of the week was 'Milly, Molly and Grandpas Oak Tree'. We made our own hand painted trees in art and wrote important facts after watching a You Tube clip all about the importance of trees. Our display is in the front foyer if you get a chance to come & have a look! **Emma Carroll**

Class K-1

K-1 have just completed a wonderful unit of learning on the Commonwealth Games. In Maths we have been learning many different strategies when adding and subtracting. Well done also to K-1 for trying so hard with capital letters, finger and full stops. Our concert preparations are moving along very nicely, don't forget to keep practicing your songs at home.

Trish Rawlings

Class 1-2

Last week Year 1-2 had a fabulous discussion about 'Peace' following the lighting of the World Peace Flame. As a whole class we came up with our thoughts on what peace is and how it can begin. We hope you enjoyed our messages of peace that were sent home on their own 'Peace Torches'. In Maths we are learning how to read a calendar and tell the time on the hour and half hour. Make sure you do lots of practice telling the time on both digital and analogue clocks at home. Well done for a great start to the term. **Karen Pontt & Kate Wells**

Class Yr 2

In Maths we have been learning about multiplication and using the X sign in our number sentences. Over the next few weeks we will be practising our 2, 5 & 10's times tables. The book we are reading and focusing on is "Wilfred Gordon McDonald Partridge" by Mem Fox. We have been writing about memories, things that can trigger our memories and friendships. We are still busy fine tuning our dance for the concert. I hope you all have got your tickets to watch our class shine! **Louise Purss-Semple**

Class Yr 3

Year 3 are excitedly practising our funky dance moves for the concert! The concert is only three weeks away and will be upon us before we know it. If you are having any difficulty sourcing a costume, please send a note in and I will organise something. We are busy learning our times tables which helps us as we work on equations. We are also working on 'doubles and near doubles' and the students are enjoying this. In Literacy, students have been bringing in their favourite picture book to share with the class. We are listening for expression, use of punctuation and a connection that the student has made with the text. Their confidence is improving by doing this and they enjoy the positive feedback afterwards! Have a great week!

Joanna McAlister

Class 3-4

In Maths we have been studying plane shapes and types of lines. We are also trying hard to learn our times tables. In English we are writing our own Narrative stories in the narrative form. Each day we practise our part for the school concert "Movie Magic" and we are getting better with our 'Aladdin' dance. **Bill Giese**

Class 4-5

Our Education Day celebrations were exciting and fun. Students enjoyed having their parents come in to the classroom and participate in Mathematical learning activities. Please come into the school and see our Peace Flame display in the office foyer. Could all students bring their costume in to school by (tomorrow) Friday August 8. They need to have their clothing labelled and in a plastic bag with their name on it. Tickets are for sale at the school office. **Emma Wilson**

Class 5-6

Congratulations to each and every student for their great effort and excellent presentation of their hands with peace messages and the lighting of the Peace Flame last Wednesday. Your leadership in our tabloid sports afternoon was also to be commended. For our concert your child will need a pair short white socks – not ankle socks. If this is a problem, please let me know. The rest of the costumes are already organised. **Janelle Doust**

Library News

We are well under way reading our Book Council texts. They certainly give us plenty to think about and some wonderful art work to create.

Congratulations to the following Library monitors:

Year 1-2 Riley M, Year 2 Bailey-Lee H, Year 3 Olivia F

Year 3-4 Marissa I, Year 4-5 Hannah R, Year 6 Max B

Happy reading **Jan Kay**

Durakar Enrichment Program



Broc, Aidan, David and Shaneika received certificates when they attended the Durakar Enrichment Day for Year 5 students last week at Murray High School.

Please Read.....

Kinder Enrolments

Enrolments are now being taken for Kindergarten next year. If you know of anyone in our zone that will be starting school next year please let them know what a great school we have.

Canberra Payments

The August 15 instalment payment of \$30 is due next Friday.

Scholastic Book Club

Issue 5 of the Scholastic Book Club has now been ordered and should be back early next week.

School Jackets

Please check that your child brings home their own school jacket. Names are written in large print inside each jacket at the time of purchase so they are easy to read and identify to their correct owner. If your child has brought home the wrong jacket please return it the next day and give it to the class teacher.

SRC

We have welcomed our newest SRC members to their first meeting. We had lots of fantastic suggestions put forward to upgrade our playground equipment and now Miss Farmer and Mrs Doust are looking to buy new playground equipment. New soccer goal nets and portable soccer goals were suggested to be used on the council grounds and also a basketball backboard and a crazy goal shooting ring.

The SRC will be raising money on Friday August 22 for Daffodil Day. We ask all students to save their small change and bring it in on that Friday and we will try to cover the hand painted Daffodils in coins.

Fresh for Kids Menu

Fresh for Kids Canteen Menu



Fruit Salad bowl	\$2
Frozen Fruit and Yogurt sticks	50c
Vegi Dippers	\$2
Celery & Cream Cheese Subs	50c
Fruit and Marshmallow Pops	\$1
Grape & Apple Jellies	\$1
Chicken & Salad Wrap	\$4
Chicken Burger	\$4
Spaghetti Bolognaise	\$4
Mini Hamburger	\$3

School Dates in the Diary

Tuesday August 12

- * Durakar Taster Year 6
- * P & C Meeting 5pm

Wednesday August 20

- * Scripture Puppet Show-Quiz Worx
10.30 to 11am

Thursday August 21

- * Year 4-5 Assembly
- * Full dress rehearsal for the concert

Friday August 22

- * Daffodil Day SRC fundraiser
- * PSSA will be on—NO BYE

Year 1-2 were inspired by the World Peace Flame and wrote what they thought Peace meant to them

World Peace Flame (Written By Year 1-2)

Peace is happiness
 Peace is kindness
 Peace is joy and friendship
 Peace is sharing
 Peace is caring
 Peace is wonderful
 Peace is harmony and love
 Peace is a family who loves and cares
 Peace begins with a smile
 Peace begins with everyone being nice to each other
 Peace begins with joy and love
 Peace begins with understanding
 Peace begins with unity
 Peace begins with happiness and laughter
 Peace begins with family and friends
 I wish for a world without hate
 I wish for no bullying
 I wish for a world without fighting
 I wish for a world without sickness
 I wish for love and kindness.

Springdale Heights Public School
is proud to present



Tickets \$8 - Allocated seating

Concert Tickets \$8 each

Tickets are selling fast with only a few left for the night concert. Plenty still available for the matinee show.

Last Wednesday our school was fortunate enough to receive a World Peace Flame. We were the first public school in NSW to receive a Peace Flame. It was donated by Lin and Barry Wills, of Albury, to encourage and promote harmony within the school.

By Year 5-6

Angus



Broc



Following a discussion on the history of the World Peace Flame and looking at quotes by famous peace makers of the world, such as Nelson Mandela, Ghandi and Archbishop Desmond Tutu, Year 5-6 students were asked to write their own quote. I was amazed at the depth and empathy shown in their quotes on Peace!

Here are the quotes that were presented at the lighting of the peace Flame Ceremony.

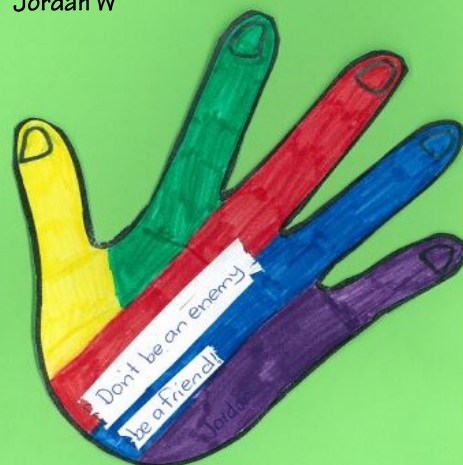
Janelle Doust



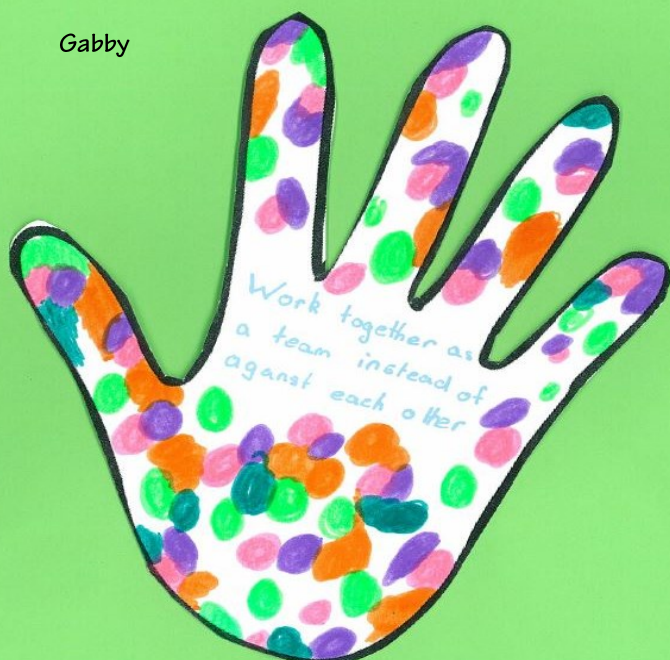
WORLD PEACE
FLAME



Jordan W



Gabby



James



Jake



Maddy



Max



Emma



Jordon C

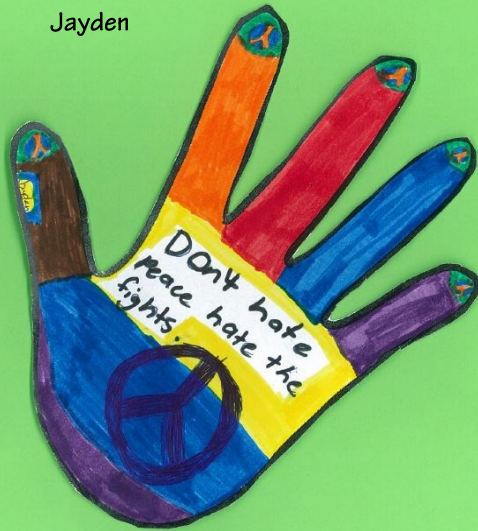


Brayden

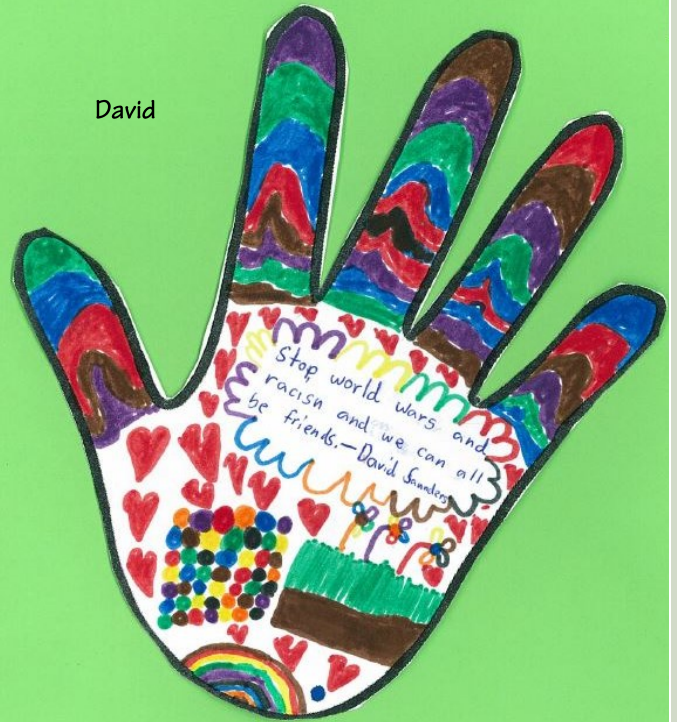


Peace Hands

Jayden



David

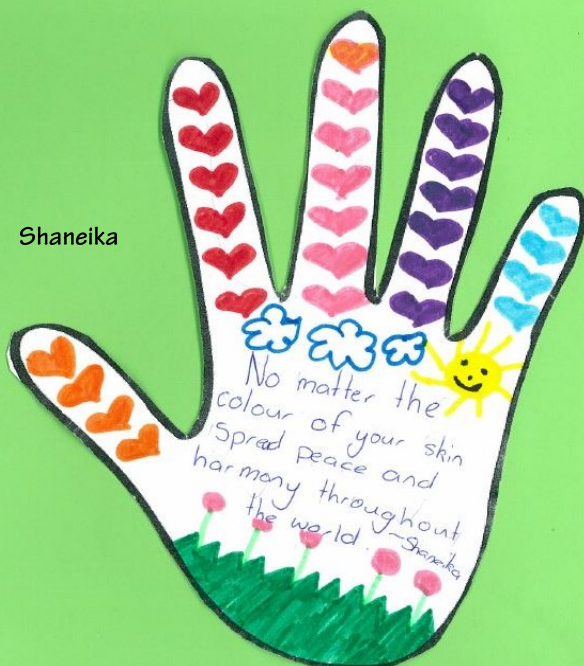


Cameron



World Peace Flame Quotes by Year 5-6

Shaneika



Teah



Year 5-6 Hands of Peace

Savannah



Sasuni



Clinton



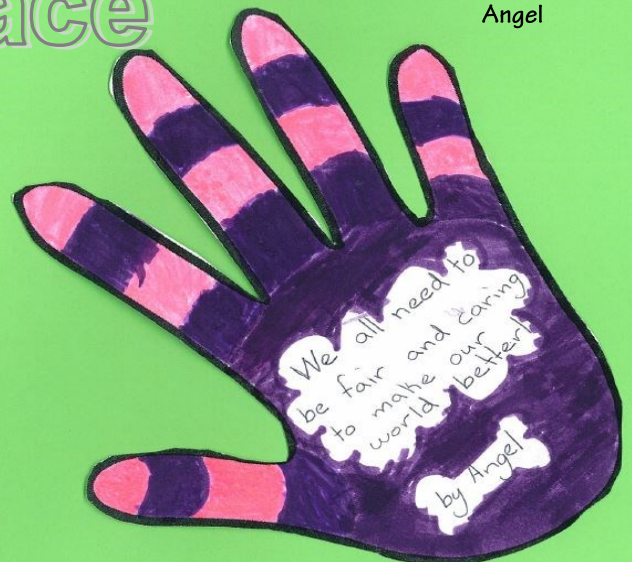
Palk



Declain



Angel



World
Peace

PBL REPRESENTATIVE AWARD

Lion's Club Public Speaking	Bailey P, Shaneika P, Izzy B, Gabby B
Riverina Athletics Carnival	Cameron M, Chase C, Justin M, Bailey P

CLASS AWARDS

Kinder	Declan M, Allira T-L, Aurelio M, Rhemi T
K-1	Phoenix J, Sophie B, Caleb B, Allannah M
1-2	Tex F, Ethan H, Koby T, Mason T
Year 2	Savannah H-Z, Mazzy H, Kane W, Annabel H
Year 3	Tharushi A, Mason O, Zali C, Bailey P
3-4	Royce S, Mitchell S, Ashmeet K, Justin M
4-5	River A, Casey H, Hannah R, Aidan R
5-6	David S, Gabby B, Jake W, Savannah B, Shaneika P

PBL BRONZE AWARDS

Kinder	Anthony N
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PBL SILVER AWARDS

Kinder	Aiden H, Charli C & Library Charlotte M
K-1	Eli P, Sophie B, Isabelle W, Marlee G-W, Tiana H, Allannah M
1-2	Emily R, Tamika C, Joseph W, Ethan H, Will K, Riley M, Luke N
Year 2	Annabel H, Shianne K, Daria B, Darcy B, Hudsynn J, Rylan M
Year 3	Maddy K, Jasmine S
Year 3-4	Hayley M, Marissa I, Kianah J
Year 4-5	Arwen G, Chase C, Jaskirat S S, Aidan R
Year 5-6	Max B, Jordon C

SCHOOL SPORT

Kinder	Owen H, Jarhli H-W, Declan M, Aiden H
K-1	Alesha S, Travis R, Eli P, Isabelle W
1-2	Nevaeh O, Breeana S, Jakohda H-W, Luke N
Year 2	Noah R, Hudsynn J, Ryan C, Damon H
Primary	Kamden A, Daniel S, Kirsten S, Noah T

Sports Achievers



We represented Springdale Heights PS at the Riverina Athletics Carnival

Congratulations to Justin M 4th in 800mts
Bailey P 9th in 800mts
Chase C 7th in Shotput
Cameron M in 200mts

Congratulations boys!

PSSA Soccer & Netball Report

The past two weeks of the PSSA were cancelled due to poor weather.

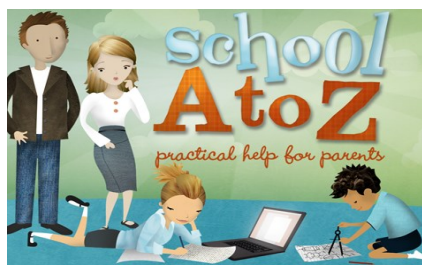
Soccer: Ground changed to Noreuil Park

Aloysius Park ground conditions have deteriorated further following the recent rainfall and club soccer matches. Being a safety issue and to avoid further damage, we will need to move the remaining PSSA games (Round 6 to Round 12) off Aloysius Park. Noreuil Park Oval.

Memorial Service



The Australian Government declared Thursday 7 August 2014 to be a National Day of Mourning to honour victims of Malaysia Airlines Flight MH17. Our captain's, Teah and Jake, along with Miss Farmer, were invited to a Memorial Service to lay a wreath on behalf of our school at St Matthew's Church. Take time to reflect on those families who have lost love ones through this tragic circumstance.



School A-Z practical help for parents

Hints and Tips can be found on the School A-Z website
<http://www.schoolatoz.nsw.edu.au/> from here you can access
 various areas of interest about children at school

When lunch comes home ... Again

- * Children have small stomachs and prefer to graze all day rather than eat fewer, bigger meals.
- * Sweet treats fill kids up, leaving little room for healthy lunch options.
- * Reassure your kids that it's OK to bring their lunch home so you can see what they need to eat that evening.
- * Lunch is not as vital as breakfast in setting up your child for the school day.
- * Concern is warranted when meals at home are being skipped as well as lunch.

Lunchtime and recess are when kids get to play ... when kids get to socialise.

Lunch versus play

- * There are two big reasons why kids don't eat their lunch, according to children's nutrition specialist and co-author of the [CSIRO Wellbeing Plan for Kids](#), Dr Rebecca Golley.
- * More often than not it simply means your lovingly packed lunch has lost out in the competition for attention from other lunchtime activities, or, as also frequently happens, the healthy contents have gone by the wayside in the race for the sweetest treats.
- * "Lunchtime and recess are when children get to play. There are also often other extracurricular activities, and that's when kids get to socialise," says Rebecca.
- * "Parents need to be looking at how to make lunch quick and portable, seeing that it's only one of the lunchtime activities that's really important for children."
- * Talking to the teacher about what arrangements there are for eating lunch and recess can also help here. Do the kids have allocated time for sitting and eating?

Elizabeth Vincent, assistant principal at Asquith Public School, says sometimes children worry about taking home uneaten lunches in case they get into trouble from their mum or dad for not eating it. "Parents need to reassure their children that it's OK to bring home uneaten lunch because they then know what they've eaten and you know what to give them that evening," she says. Early in the year when the weather is hot children tend to eat much less, Elizabeth adds. "They're not so interested in eating. So including small pieces of cut up fruit that are easy to eat can help, as well as reminding their children to drink more water."

Smart snacks

When it comes to the competition between the contents of the lunch box, Rebecca says treats make it easy for kids to fill up on small sweet options, leaving the healthier bits behind. Rather than eating three large meals each day including lunch, children's appetites are geared towards snacking on five or six small portions throughout the day.

Removing Head lice and Nits

At a glance:

- * Head lice and nits only live on human heads.
- * They don't care if the hair is long or short, clean or dirty.
- * Head lice are an unavoidable fact of life for all school-aged kids.
- * The best and cheapest way to remove them is with inexpensive conditioner and a nit comb.
- * You will need to re-treat your child several times before all the eggs will be gone.

Mention head lice and most of us instantly develop an itch. You'll find these little critters at every school across Australia - and probably the world - at some point during the year.

- * While head lice and nits, (the eggs of head lice) are certainly annoying and persistent, they're not dangerous. Here's everything you need to know to rid your kids of head lice and nits.

Homework for little kids

At a glance

- * Reading and problem solving are good activities for your child to do at home.
- * Play is an important part of your child's learning.
- * Any homework should reinforce what your child learns in class.
- * Schools develop homework policies with the help of teachers and parents.
- * If your child is having difficulties with any homework activities speak to their teacher.

Public schools in NSW don't expect children in Kindergarten to complete formal homework. They encourage families to read with their children and be involved in family activities that assist the development of their skills in reading, mathematics and problem solving to make the most of what they are learning.

Wellbeing

While there is a natural tendency to focus on your child's reading, writing and number skills, a fundamental aspect of school success is your child's physical, mental and social development. You will find a wealth of useful advice and suggestions to help you and your child navigate through these changing times.

